After spending much of November visiting with Chinese clinicians and students in Beijing, Chengdu and Shanghai, I can report that psychoanalysis is alive and thriving in China.

Along with 7 Institute faculty members, Dean Neal Spira and I toured China for 3 weeks this fall with the China American Psychoanalytic Alliance (CAPA), a group that offers psychoanalytic psychotherapy training to Chinese clinicians.

When some CAPA students complete 4 years of training, they want further training as psychoanalysts. A number of these students are enrolled in training at the Chicago Institute via distance technology.

In the post-Cultural Revolution years, the Chinese government has supported the growth of mental health training and CAPA has been a part of this.

In 2007, a journalist from The Economist quoted a psychologist who is a high-ranking official:

“[U]rban Chinese now face tremendous pressure to make money and, most importantly, compete with their neighbors for status. The result is a rise in disorders such as anxiety and depression.” Thus, there is a need for well-trained mental health professionals.

Chinese therapists value the way psychoanalysis opens up the inner world of feelings, fantasies, dreams and hopes. Dean Spira was very impressed with the meaning this has for the Chinese in their densely populated, authoritarian, other-directed culture.

During our trip, we attended conferences and Chinese banquets with Chinese candidates in our Psychoanalytic Education Program and other CAPA students. All expressed enthusiasm and appreciation for the training opportunities they now have.

Meeting our students in person and traveling through China helped us recognize the cross-cultural challenges we face in understanding the meaning of psychoanalytic practice in a culture that has many similarities to ours as its economy grows, but also has such different cultural traditions and philosophies.

FROM THE ARCHIVES TO FACEBOOK
The Institute’s archival collection is one of our hidden gems. It ranges from correspondence between the discipline’s founding figures to toys used in child analysis sessions and more. Librarian John Leonard features engaging snapshots from the collection on our Facebook page.

“It’s been fun to research and gratifying to see how interested people are in the archives,” Leonard said. For example, on September 25, Leonard posted “From the Archives: Institute Co-Sponsored Popular TV Show in 1950s.”

The photo shows Maria Piers, a member of the faculty of our Child Care Program and the wife of then-director Gerhard Piers, speaking with Lee Wilcox, associate director of educational broadcasting for the University of Chicago. Piers and Wilcox collaborated in the late 1950s on a program broadcast on public television station WTTW called “Children Growing!” a series of half-hour episodes covering child development topics.

Follow us on Facebook to continue seeing From the Archives features and keep up with all our news.
Psychoanalytic Partnership gives students new options

The presidents of the Chicago Psychoanalytic Institute and Institute for Clinical Social Work have announced a new agreement that lets students access the education programs of both institutions.

**PSYCHOANALYTIC PARTNERSHIP OFFERINGS**

Named the Psychoanalytic Partnership, the collaboration between the Institute and ICSW offers students from a wide range of professional backgrounds opportunities to train for a psychoanalytically-focused mental health career. It is designed to take advantage of the strengths of each institution and expand educational opportunities for students. Several pathways have been established:

Students who are pursuing analytic training at the Institute, but who do not yet have a mental health credential, can apply some Institute coursework to obtain a license-eligible degree in the ICSW Master’s program in Clinical Counseling and Psychotherapy.

Students in the Institute’s Fundamentals of Psychoanalytic Thought or Psychoanalysis for Scholars may take introductory clinical courses at ICSW. They may enroll as at-large students in ICSW courses; they may obtain academic credit for those courses if they elect to enroll in the ICSW Master’s program within three years.

Candidates in the Institute’s Psychoanalytic Education Program who want to pursue a PhD at ICSW may transfer Institute coursework to meet some of the applicable requirements.

Doctoral students at ICSW who want a “specialization in child and adolescent psychotherapy” credential can transfer credit from their ICSW coursework and enroll as second-year students in the Institute’s Child and Adolescent Psychotherapy Program.

A student in either institution may enroll in a course at the other institution to meet their individual educational goals.

The purpose of the new Psychoanalytic Partnership is to open new doors for interested students and increase availability of high-quality mental health services to Chicago and beyond.

---

Friends join new Franz Alexander Legacy Society

Legacy and bequest gifts have played an important role in ensuring the vision of Franz Alexander as the founder of a premier training institution for psychoanalytic theory and practice, and bringing psychoanalytically informed treatment to adults, adolescents and children through clinical services.

The Franz Alexander Legacy Society honors individuals who have included the Chicago Psychoanalytic Institute in their will, trust or other charitable planned gift. Legacy Society members envision the future and are determined to keep Franz Alexander’s mission, to better understand human beings and help them live better lives, alive forever.

This is the first in a series of profiles of Franz Alexander Society inaugural members.

---

**SETTING AN EXAMPLE, SUPPORTING PSYCHOANALYSIS:**

**BOARD MEMBER EVA LICHTENBERG**

Former board chair and current board member **Eva Lichtenberg**, a clinical psychologist, says she might have become an analyst herself if the profession had opened to non-MDs sooner.

“With my family income and background, medical school wasn’t in the cards,” Lichtenberg, 85, recalls. She and her family arrived in Chicago in 1941 from Czechoslovakia via Japan as Jewish refugees. Scholarships covered the cost of her education but not living costs. She calculated that she could work as a teaching assistant while earning her PhD in psychology, unlike in a medical doctor program.

The year she applied, University of Chicago’s psychology department accepted 17 students: “Two were women and the rest were men. They told me, ‘you’re taking the place of a man... you’re going to get married, stop working and waste a place.’ I said, ‘I’m qualified. Let that be my problem.’

Lichtenberg did marry—her husband was a successful businessman who “could make 5 out of 2 and 2—legally,” she jokes—and had a son. She started her still-running private practice as her son grew up (After her first husband passed away more than 30 years ago, she met and married Institute faculty member **Arnold Tobin**).

Lichtenberg joined the Institute board in 1998. Around 2008 she decided to include the Institute in her will. “I have to say, planned giving is relatively painless,” Lichtenberg says. “I am a firm believer that you give your kids an education and after that, unless they are ill, then they should be able to independently fend for themselves.

“But one thing people worry about is ‘will I have enough money left to take care of myself until the end of my life?’ With planned giving... that’s not an issue,” Lichtenberg says.

Initially, she gave as a board member and leader. But she continues to enjoy the programs of the Institute, such as continuing education and to support the mission of sustaining psychoanalysis as a clinical practice and a theory of mind.

“People take it for granted, but psychoanalysis is the trunk of the tree from which virtually all other therapy models branch off,” Lichtenberg says. But, psychoanalysis is also important for the way it is taught across a range of disciplines, she adds: “Our whole discourse about people, movies, theatre, music has been changed and made more understandable by psychoanalytic thinking.”
Kudos to our authors and honorees

**PUBLICATIONS AND HONORS OF INSTITUTE FACULTY, STUDENTS AND RECENT ALUMNI FROM NOVEMBER 1, 2017 TO OCTOBER 31, 2018**

Child and Adolescent Clinical Services Director Denia Barrett served as section editor for “So you want to start a psychoanalytic school? Succumbing to an ‘almost irresistible temptation,’” *Psychoanalytic Study of the Child*, Volume 71, 2018, pp. 130-136 and 201-204.


Faculty member Harold Bendicsen’s book *Psychoanalysis, Neuroscience and Adolescent Development* will be published in February by Routledge. It explores how new research in the fields of neuroscience and developmental processes can inform psychoanalytic treatment.


Faculty member and graduate Gavin Mullen’s collection of Arnold Goldberg’s Selected Papers, organizing the thought and writings of our retired faculty member and former director, was nominated for the American Board and Academy of Psychoanalysis Book Prize for 2017. Mullen wanted to collect Goldberg’s contributions when he retired as a useful reference for psychotherapists and to distinguish his contributions from those of his mentor, Institute luminary and father of self psychology Heinz Kohut.

“It’s easy to think of Goldberg’s work as an extension of Heinz Kohut, until you read each article and see, over the span of 50 years, the development of Goldberg’s thoughts,” Mullen says. “Goldberg makes use of the foundation of self psychology but he really built the structure... In many ways he is completely his own person.” Goldberg commented that he gave Mullen complete freedom to choose from among the 80 books and 150 articles he has authored to date.

Board member Martha Nussbaum received the 2018 Berggruen Prize for her work that “shows how philosophy, far from being merely an armchair discipline, offers a greater understanding of who we are, our place in the world, and a way to live a well-lived life.”


Candidate Maranda Sze edited and contributed articles to *Infant and Young Child Observation in China* (Mind in Mind Education and Counseling, 2018). The book includes 14 articles by graduates and faculty of Mind in Mind’s Observational Studies Program as well as U.S.-based faculty members from the Washington School of Psychiatry, with which Mind in Mind is affiliated. Sze writes that this is the first book to collect original theses, written in Chinese, based on observational materials of local families in China. The book also illustrates perhaps more unique experiences in China, for example, multi-caretakers and yue saos—nannies that take care of the mother and the baby in the first months,” Sze says.


---

**FALL 2018**
UPDATES AND SAVE THE DATES:

CONTINUING EDUCATION

**Disruptions In Childhood: Reworking Unexpected Separations**
Friday, January 25 | 6 To 8 P.M.
Ben Garber, MD | Renee Raap, LCSW
CE Credits: 2.0 | Fee: $50 | day of: $60

**Race and Psychoanalysis**
Wednesday February 20
7 To 8:30 P.M.
122 S. Michigan Avenue
2nd floor auditorium
Celia Brickman, PhD, LCPC
Danjuma Gibson, PhD, MDiv
CE Credits: 1.5 (in-person attendance required for CE Credits)
Fee: $30 | day of: $40

SAVE THE DATE:
**Neuropsychoanalysis: Theoretical And Clinical Lessons**
featuring Mark Solms, PhD
Saturday and Sunday, March 30-31
CNA Center, 151 N. Franklin St.

STUDENT MANAGEMENT SYSTEM PHASE-IN: THANK YOU!

Starting this fall students and faculty have been working in a new cloud-based student management system, Orbund. Many thanks to all for your patience with a new system. As the Institute settles into using the Orbund Student Management System to select courses and access readings, we continue to welcome your feedback by email to Dean Neal Spira, Associate Dean Leo Weinstein, Director of Education Administration Alison Chandler, and/or Continuing Education Coordinator Damita Wilson as appropriate.

SAVE THE DATE FOR AN EDUCATION OPEN HOUSE

If you are considering applying to one of the Institute's Education Programs, please join us Wednesday, February 13 at the Institute, 122 S. Michigan Ave., or via Zoom for those outside Chicago. You will hear from directors, faculty and current students of our various programs and can speak with them informally. Refreshments will be served. Watch the website for additional details.

RENT AT THE INSTITUTE

Join more than 35 therapists in private practice plus Institute faculty and students on the 13th & 14th floors of the historic former People’s Gas building across from the Art Institute of Chicago. Learn more about our offices, amenities, and the professional community we offer renters on our website, or contact Chris Susman or Carolyn Handler on the staff.

MARK YOUR CALENDAR:
**Annual Benefit is Wednesday, May 15, 2019**