

THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS

EDUCATION | TREATMENT | SERVICE

Winter 2016

CONTINUING EDUCATION SPRING 2016

The Chicago Institute for Psychoanalysis offers continuing education courses and workshops for mental health professionals and those interested in psychoanalytic thought.

Psychoanalysis Today Lecture

MARCH 9, 2016
7:00 – 8:30 P.M.



Psychoanalysis and Neuroscience...

Virginia Barry, M.D.
122 S. Michigan Ave.
Chicago
2nd floor auditorium

Bruno Bettelheim Reconsidered and the Orthogenic School Today

APRIL 2, 2016
9:55 A.M. – 1:00 P.M.

Diana Kon, Ed.D.
Peter Myers, Psy.D.
Jacquelyn Sanders, Ph.D.
D.C. Wilkerson, M.D.
Orthogenic School
6245 S. Ingleside Ave.
Chicago

Rational Fools: How Psychoanalysis Explains the Flaws of Economic Models

APRIL 16, 2016
1:00 – 4:00 P.M.

Martha Nussbaum, Ph.D.
A.G.(Tassos) Malliaris, Ph.D.
Leslie Shaw, Ph.D.
CNA Center
333 S. Wabash Ave., Chicago

Marian D. Tolpin Memorial Lecture

MAY 14, 2016
2:00 – 5:00 P.M.

My Journey Listening to Patients...

Evelyne Albrecht
Schwaber, M.D.
Institute for Psychoanalysis
122 S. Michigan, Room 1323
Chicago



From The Director Erika Schmidt, M.S.W.

Virginia Barry, MD, of the Institute faculty will present a lecture titled "Psychoanalysis and Neuroscience" March 9 as the final installment in the Institute's series "Psychoanalysis Today."

What does psychoanalysis look like in our contemporary world? Five eminent Institute faculty members are addressing the question this year in a series of monthly lectures, covering topics that demonstrate the vibrancy, excitement, and relevance of a psychoanalytic viewpoint. These talks can be used to examine individual lives in therapy, and also to understand the social world and problems faced within our communities.

The series opened with **Prudence Gourguechon, MD**, discussing what she calls "psychoanalytic activism" in her talk, "The Citizen Psychoanalyst in Today's Troubled World." In this call to action, she outlined how psychoanalytic theory can help us better understand fundamental problems such as climate change and the impact of war trauma on soldiers and families.

Charles Jaffe, MD, spoke about "The Unconscious Today." Bringing together knowledge from fields of cognitive science, human development, social psychology, and neuroscience, Dr. Jaffe described how our unconscious minds take in information and process and remember it — or repress it.

Jonathan Lear, PhD, who is both philosopher and psychoanalyst, considered the question of what constitutes a genuinely happy human life in "Psychoanalysis and Ethical Life." The ancient Greeks defined an ethical life as one lived thoughtfully and responsibly among friends, family, and fellow citizens. Psychoanalysis provides a way to achieve this kind of thought-filled life, in which one's best self can live well and authentically in ethical relations with others.

Frank Summers, PhD, spoke about "Subjectivity in an Objectified World." Dr. Summers is a powerful voice for the primacy and value of human subjectivity, contrasting them to the objectivism, materialism, and quantification of the outside world. There is an inherent conflict between psychoanalytic values and those of the everyday world, but Dr. Summers emphasized the contributions of the psychoanalytic worldview to the life of the contemporary American.

Dr. Barry concludes the series on March 9 with her lecture on "Psychoanalysis and Neuroscience." To introduce her themes, Dr. Barry writes, "The bottom line of Freud's radical theorizing is that we do not know ourselves. The mind generates powerful wishes that are repressed, or shut down, before we become aware of them. Yet much of what we do and think is shaped by these unconscious impulses."

This is an exciting moment in psychoanalysis, bringing together Freud's fundamental and founding insights with contemporary knowledge. ■

Global Psychoanalytic Training Initiative (GPTI)

The Institute's new venture, the Global Psychoanalytic Training Initiative (GPTI), got off to a strong start this academic year. GPTI, a program that admits international students to the Psychoanalytic Training Program, began this year with 4 students from China, but has had inquiries for the coming year from Korea, Iran, and New Zealand as well.

The Chinese students are graduates of The China American Psychoanalytic Alliance (CAPA), a four year intensive psychotherapy training program over Skype developed by Elise Snyder, an analyst in New York. CAPA has been operating successfully for several years, and many of its graduates are eager to extend their training and become fully-qualified analysts. Dr. Snyder approached Chicago Institute officials to see if we would be interested in offering a program for them.

Psychoanalytic training began as a European endeavor, and even as it expanded to the United States, it has remained a largely Western phenomenon. As technology has shrunk the effective distances between countries, however, this limitation is fading away.

Many were skeptical about how workable the proposed program would be, but Institute officials decided early on that GPTI's Chinese students would be integrated into the existing classes at the Institute, rather than receive a separate distance learning program. The result is a hybrid program, with local students sitting around a table along with distance students participating via video conferencing.

Another concern was whether Chinese students were so fundamentally different that it would be hard to find common ground in discussions. Dr. Snyder and several Institute faculty who have taught and supervised students in CAPA helped by sharing their experiences in several faculty discussions.

This year, the Institute has three CAPA graduates in training via video conferencing, and one who, coincidentally, moved to Chicago and is taking classes in person. ■

CINEMA ON THE COUCH FILM SERIES

This series brings together cinema and psychoanalysis. We selected films that allow exploration of a broad range of emotional issues relevant to our times. Topics include intimacy, love, alienation, family dynamics, coming of age, sexuality, and others. Each film will be discussed by a different analyst from the Institute. Film showings followed by discussion take place on Sunday afternoons from 2 to 5 at the Takiff Center, 999 Greenbay Road, Glencoe. COST: \$20 per film.

Mar 20: **STILL MINE (2012)**, Caryle Perlman, M.S., discussant.

Apr 17: **FRUITVALE (2013)**, Joshua Kellman, M.D., discussant.

May 15: **CYRUS (2010)**, Phil Lebovitz, M.D., discussant.

Annual Benefit

Mark your calendar now for Wednesday, May 11 at the Standard Club. At this year's Annual Benefit we honor Toni Preckwinkle, President, Cook County Board of Commissioners with the Institute's *Human Spirit Award* for her outstanding support for mental health services and prison sentencing reform. Michael Phillips, film critic at Chicago Tribune, will give a provocative keynote on psychoanalysis in the movies. Our Annual Benefit raises vital funds to support clinical services for at-risk and underserved children and adults, public education activities, and our educational program. Join us for cocktails, dinner, lively conversation with friends and colleagues, and thought-provoking presentations.

For sponsorship opportunities and tickets, contact Chris Susman: 312.922.7474 x324 or annualbenefit@chicagoanalysis.org.

Support the Institute

It takes only one sentence in your will to leave a charitable bequest from your estate to the Chicago Institute for Psychoanalysis. How much has the Institute been a part of your life and career? Shouldn't it be a part of your legacy as well?

The most common bequest language is this simple statement, signed: "I give, devise, and bequeath to The Chicago Institute for Psychoanalysis in Chicago, Illinois, the sum of \$ _____ (or a description of the specific asset), for the benefit of The Chicago Institute for Psychoanalysis and its general purposes."

For language that suits your own circumstances and wishes, contact your lawyer or estate advisor for more information, or contact us for referral to a qualified professional. development@chicagoanalysis.org.

WELCOME NEW BOARD MEMBERS

We are delighted to welcome two new members to the Board of Trustees:



Caroline A. Loeb, M.D.

has an outpatient practice in general adult psychiatry and is a referral provider for Northwestern University's Counseling and Psychological Services.



Stephen Berger

is of counsel as a real estate partner to the law firm of Neal, Gerber & Eisenberg where he was practice group leader in the commercial real estate group for over 20 years prior to retirement in 2012.



Prison Reform Settlement

CIP Board member **Harold C. Hirshman**, a Dentons US LLP law partner, led the pro bono effort in a class-action law suit against the Illinois Department of Corrections on behalf of the 11,000 mentally ill inmates in the Illinois prison system. Hirshman told the Chicago

Daily Law Bulletin (01-05-16) that the settlement reached in December 2015 after eight years in litigation will release from solitary confinement prisoners with serious mental illnesses who are there for non-violent offenses. DOC will also consider mental health before segregation sentencing.

The Chicago Daily Law Bulletin reported that "the settlement provides 350 full-time mental health experts and 420 more guards at an annual expense of \$40 million." In addition, a new \$40 million hospital will be built near Joliet close to the Stateville Correctional Center.

We asked Hirshman to share some thoughts about the settlement. He replied with a concern and a hope.

"I don't think my years of analysis consciously motivated me to take on this project," he said. "It grew out of my involvement in a series of cases in 2005-06 that taught me about how the prison system deals with inmates with health needs. As I told the Chicago Daily Law Bulletin, there is growing awareness locally and nationally that society's mentally ill have been imprisoned rather than treated. We all know that Cook County Jail is the largest mental health care facility in the nation. Its warden is now a psychiatrist. So I came to this case from a social justice perspective, not because of a personal issue.

"However, I am deeply concerned that the settlement doesn't go far enough, and I learned this from my own analysis. Treatment is effective only when there is an ongoing professional relationship between the patient and the practitioner. The patient has to believe that there is someone who takes their illness to heart.

"It will take a great deal of effort by the monitor to create a structure which provides for the development of professional relationships to be the norm for treating seriously mentally ill inmates."

Looking at the treatment side of the matter, Hirshman hopes that implementation of the settlement will open opportunities for the Institute and other organizations to play a role in helping assure quality of care for inmates that is absent now. He noted that the Institute's school and clinical experience, as well as its teaching and research programs, ought to be rich resources for those charged with implementing the IDOC settlement.

For more information:

<http://chicagolawbulletin.com/prisons-01-05-16.aspx>

Faculty Publications

The Institute faculty has wide-ranging scholarly, clinical and research interests. Here are some recent noteworthy publications, awards and presentations:

Kate Schechter's 2014 book *Illusions of a Future* won this year's Courage to Dream award from the American Psychoanalytic Association. Not only is this a very prestigious award, but Kate's book tells the story of the Chicago Institute for Psychoanalysis as it has moved from its illustrious past toward the future.

Jesse Viner, CEO of Yellowbrick, a mental health facility that is a national leader in services for young adults, received the Illinois Psychiatric Society's 2015 Excellence in Patient Services Award.

David Garfield, along with Ira Steinman, published *Self Psychology and Psychosis: The Development of the Self during Intensive Psychotherapy of Schizophrenia and Other Psychoses*.

Denia Barrett contributed a chapter, "Creating a supervisory framework: Models, methods, and mastery," in *Teaching Effective Supervision of Child and Adolescent Analysis*. She also co-edited the Psychoanalytic Inquiry volume on "Psychoanalytic work with the dreams of children: The forgotten royal road," which includes her article "Dream weaver/dream catcher: The older child and analyst at work."

Thetis Cromie published "Jane Addams and the 'devil baby tales': The usefulness of perplexity in 'sympathetic understanding,' a tool in learning empathy" in a 2015 volume of *Journal of the American Psychoanalytic Association*.

Frank Summers presented "The Expressivist Turn in Contemporary Psychoanalysis" to the Tehran Psychiatric Society via Skype, and his books are being translated into Farsi. Recent publications include "What is psychoanalysis doing in the world of social justice?" in the 2015 *Journal of the American Psychoanalytic Association*, a chapter titled "To live in a dream" in the 2015 *Annual of Psychoanalysis*, a publication of the Chicago Institute edited by **James Anderson** and **Jeffrey Stern**, and "Guilt and the Experience of the Other," in *Psychoanalysis: Perspectives, Techniques and Socio-Psychological Implications*, edited by Z. Knight.

Robert Galatzer-Levy has several publications in press. His book, *Forty Years of Chaos: Nonlinear Dynamic Systems Theory and Psychoanalysis*, is forthcoming from Routledge Press. Also to be published soon are "Women and children last: Comments on the history of child analysis" in the *Psychoanalytic Study of the Child* and "The edge of chaos: A nonlinear view of psychoanalytic technique" in the *International Journal of Psychoanalysis*.



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122 S. Michigan Ave.
Chicago, IL 60603.

250 sq. ft. overlooking
Michigan Avenue
with lake view.

Amenities include:
discount parking, private office reception area, access to Institute Library and community, negotiable rental and leasing rates, high-speed internet.

Contact: RayTara Black,
312-897-1430 or
rblack@chicagoanalysis.org
for a tour and details.