

THE CHICAGO INSTITUTE FOR PSYCHOANALYSIS

EDUCATION | TREATMENT | SERVICE

Summer 2015

CONTINUING EDUCATION 2015-2016

The Chicago Institute for Psychoanalysis offers continuing education courses and workshops for mental health professionals and those interested in psychoanalytic thought.

Race and Difference: How it Can Shape, Hamper and Accelerate the Therapeutic Process

John Stokes, MSW

THURSDAYS
OCTOBER 1, 8, 15
6 – 7:30 PM

122 S. Michigan Ave.

Stop, Look and Listen: Being a Child Therapist

Lynn Borenstein, MSW

SATURDAYS
OCTOBER 24, NOV 7, 14, 21
4:56 Central Ave., Northfield

Parenthood and Parenting: Issues in Therapy When Parents are Patients

Evelina Pereira-Webber, MSW

THURSDAYS
JANUARY 14, 21, 28,
FEBRUARY 4, 2016
6 – 7:30 PM

122 S. Michigan Ave.

Immigration: Its Impact on Children and Families

Diana Goldman de Zocchi, MA

SATURDAY, SEPTEMBER 26
122 S. Michigan Ave.

Case Consultation for Child and Adolescent Therapists

Ed Kaufman, MSW

THURSDAYS 4:30 – 6:00 PM
MONTHLY
SEPTEMBER – JANUARY

122 S. Michigan Ave.

Personality as a Roadmap to Effective Psychotherapy

Jonathan Shedler, PhD

MONDAY NOVEMBER 9
7-8:30 PM

122 S. Michigan Ave.

Black Psychoanalysts Speak – A Film and Panel Discussion

Co-Sponsored with Chicago Center for Psychoanalysis

FRIDAY, NOVEMBER 20

Location TBD



From The Director Erika Schmidt, M.S.W.

Both a theory and therapy, psychoanalysis has been growing, changing and developing ever since its beginnings with Sigmund Freud around 1895. Neither the practice nor the theory looks like they did then, though its fundamental principle remains: that people are often motivated by unconscious thoughts and feelings and that understanding these thoughts and feelings is the path to change. The contemporary mental health landscape looks very different now. There have been significant shifts in the role and status of psychoanalysis, the delivery of mental health services, and the array of choices for mental health education and clinical services.

Looking to the future while maintaining its core principles and tradition, the Chicago Institute for Psychoanalysis has embarked on a Strategic Planning process to adapt to these shifts. In the midst of these changes, the Institute must also position itself to maintain its excellence and effectiveness in meeting the training and service needs of our community.

Since the fall of 2014, groups of Institute faculty, students, board members, administrators and supporters have been meeting to discuss what the Institute should look like as it moves forward. A set of Strategic Principles have been distilled from these many hours of discussion, planning, review and research.

The Strategic Principles endorse:

- A more inclusive, broadly based Institute community that provides a vibrant center for those interested in psychoanalytic thought
- Educational programs that train psychoanalysts and psychotherapists and offer opportunities for scholars and others to learn about psychoanalytic thought
- Clinics for adults, adolescents and children that further the public service functions of the Institute and that integrate training and education pathways for mental health professionals
- Governance and administrative structures that effectively support the educational programs and clinical services of the Institute

These Principles will provide guidelines for designing an implementation plan to translate the Principles into programs and services. This next year will be an active one, as groups work to develop a Strategic Plan from the Strategic Principles and then put this plan into place. During this process, we welcome ideas and feedback from our community, so please share your thoughts with us. ■

Global Psychoanalytic Training Initiative The Institute Reaches Across the Globe

Beginning in September 2015, psychotherapists from China will have the opportunity to receive psychoanalytic training in a new program at the Institute. The Global Psychoanalytic Training Initiative, under the direction of Neal Spira, Institute Dean and Leo Weinstein, Associate Dean, is a collaboration with Dr. Elise Snyder, founder of the China-American Psychoanalytic Alliance (CAPA). CAPA offers a web based training program in psychodynamic psychotherapy for students in 18 Chinese cities. When graduates of the CAPA program sought full training as psychoanalysts, Dr. Snyder approached the Chicago Institute and a partnership was born.

This innovative program will be a hybrid, combining the in person classroom experience with video conferencing. Computer monitors in classrooms will allow the overseas students to participate in discussions and consultation with students at the Institute. The program offers a unique opportunity for cross-cultural learning, allowing students to experience the differences and similarities in the psychological development of children and adults in the United States and China. As a central component of psychoanalytic training includes one's own analysis, this will happen via internet video conferencing, a practice that is becoming more and more common when patients and analysts are unavailable to meet face to face. An extensive interview process is underway with several students to be a part of the Institute's Psychoanalytic Training Program, formerly known as the Core Program, for the fall.

For more information on the Global Psychoanalytic Training Initiative, contact Leo Weinstein at lweinstein@chicagoanalysis.org. ■

PSYCHOANALYSIS TODAY A New Lecture Series

The Chicago Institute for Psychoanalysis presents an innovative series of talks by Institute faculty that address contemporary psychoanalytic thinking and practice. Mental health professionals, scholars and the interested public will gain a deeper appreciation of the relevance of psychoanalysis to contemporary life.

October 14, 2015

Prudence Gourguechon, MD
“The Citizen Psychoanalyst
in Today’s Troubled World”

December 2, 2015

Charles Jaffe, MD
“The Unconscious Today”

January 20, 2016

Jonathan Lear, PhD
“Psychoanalysis and
Ethical Life”

February 10, 2016

Frank Summers, PhD
“The Subject of
Psychoanalysis in an
Objectified World”

March 9, 2015

Virginia Barry, MD
“Psychoanalysis and
Neuroscience”

See Institute website
for more information.

Annual Benefit

The Institute held its Annual Benefit on May 13 at the Standard Club. It was a wonderful evening that celebrated the work of the Institute and paid tribute to the late Steven LaVoie, a long time board member and Institute supporter. Jody LaVoie accepted the Human Spirit Award on behalf of her husband, and their daughter Sarah shared lessons she learned from her dad, including to "never give up." Roz Chast, The New Yorker cartoonist and author, gave a humorous presentation, filling the room with laughter. With the help of over 325 people in attendance and the contributions of many others, the Institute raised more than \$150,000 to support educational programs, clinical services, and community programs. ■

Thank you to our generous sponsors

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Wendy Selene & Jim Schwartz
Brenda & David Solomon
Drs. Deborah & Neal Spira
David Terman
Cliff Wilkerson
Jean & James Wilson
Yellowbrick Consultation and Treatment Center

Table Hosts

Georgia Cibul

Judith & Abel Friedman
Laurie Kenfield
Harriet McDonald
Charles Renfroe, Jr.
Tommy & Scott Sheridan
& Family
Molly & Tom Witten

A special thank you to our Annual Benefit Committee

Judy & David Schiffman, Co-Chairs
Jody LaVoie, Honorary Co-Chair
Eva Lichtenberg, Honorary Co-Chair
Carolyn Handler, Staff
Christine Susman, Staff
Georgia Cibul
Candace Fleischmann
Harriet McDonald
Harolyn Pappadis
Erika Schmidt
Donna Shaft

- Jody LaVoie and family, with Dr. Ed Goldfarb
- Event committee members Georgia Cibul and Hershy Pappadis
- Jody and David Schiffman, Event Chairs; Roz Chast, Speaker; Art Sussman, Board Chair; Erika Schmidt, Institute Director



SAVE THE DATE Alumni Association Fall Event

DREAMWORK with Adults and Children

MEET THE AUTHORS:

FRANK SUMMERS, PhD

Author, "To Live A Dream" *Annual of Psychoanalysis* 38 2015

DENIA BARRETT, MSW

Author, "Dream Weaver/Dream Catcher: The Older Child and Analyst at Work" *Psychoanalytic Inquiry* 2016

WEDNESDAY SEPTEMBER 30, 6:00 pm, at the Institute

Continuing Education Credits Available

Please join Institute alumni for this first annual Meet the Author event. Dr. Summers and Ms. Barrett both have recent publications on the topic of dreams. They will present their work as a starting point for considering the way contemporary therapists and analysts work with the dreams of adults, adolescents and children. There will be opportunity for questions and discussion. ■

A Special Thank You to Board Trustees

The Institute is pleased to acknowledge the following individuals for their years of dedication and service as members of our Board of Trustees. We are grateful for their support, guidance and contributions throughout the years.

George Mann and **Jerome Winer**, as they transition off of our governing board to become life trustees. **Eric Lester** and **John David Mooney**, as they complete their terms as members. ■

Congratulations Graduates!

Congratulations to our 2015 graduates! The Chicago Institute for Psychoanalysis held its annual graduation on June 19, 2015 at The Cliff Dwellers Club. Both faculty and candidates were recognized for their hard work and dedication. Graduates will use their knowledge and experience of psychoanalysis and psychotherapy to inform their practice with children and adults throughout Chicagoland. We wish them continued success.

Psychoanalytic

Education Program:

Laurie A. Kenfield, MD
Neha Patel, PsyD

Child & Adolescent Psychoanalytic Psychotherapy Training Program:

Claudia Liz Benitez, LCSW
Mihaela Bernard, MA, LCPC
Audra L. Bowie, MS, LCPC
Julie A. Levy, LCSW
Charlotte M. Mallon, LCSW
Renee Raap, LCSW

Adult Psychoanalytic

Psychotherapy Program:

Patricia L. Ashley,
PsyD, MA, MBA
Nicole M. Bailey,
LCPC, ATR, CADC
Carol R. Cann,
MA, LCPC, CADC
David Ciesla, LCPC
Rebecca Durkin, MD
Linda Michaels, PsyD
Susan Samuel, PsyD
Katherine Williams,
MA, MSW, LSW



Laurie Kenfield, MD, graduate, and Paul Holinger, MD, faculty



Stephanie Fariss, JD, LCSW, and Neal Spira, MD, Dean

Institute by the Numbers

In FY15, the Institute provided a range of services to its constituents, positively impacting the lives of individuals and communities throughout Chicagoland:

10,000

individual clinical sessions were provided to 600 children, adolescents and adults with complex emotional needs through the Barr-Harris Children's Grief Center, the Center for Child and Adolescent Psychotherapy, and the Adult Psychotherapy Clinic

3,500

hours of professional continuing education were provided to mental health professionals through our training programs and continuing education series

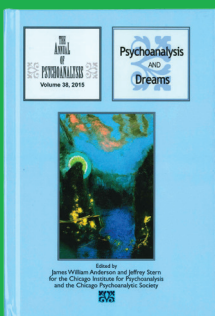
150

students, interns and fellows were trained in psychoanalytic theory and practice through our Education Programs

31

community organizations and schools received counseling, education and consultation services through partnerships with the Institute

Available for Purchase



Psychoanalysis and Dreams: The Annual of Psychoanalysis, Volume 38, 2015.

Published by the Chicago Institute for Psychoanalysis.

Inquire in the Institute office. ■

Support the Institute

Your contributions are essential to continue the Institute's various educational and clinical service programs. The funds raised from individuals, corporations and foundations strengthen training programs, expand therapeutic services and help establish a stronger voice in the public sphere for the mental health needs within the community.

To make a donation, please contribute online at www.chicagoanalysis.org/content/support-us or by contacting Chris Susman at 312-922-7474. ■