From the President:
Scholarly spirit strong at Chicago Institute

Several weeks ago I attended the stellar “Schools Is Out” presentation by Virginia Barry, Charles Jaffe, Josh Kellman, and Mark Levey. Their title, which takes some thinking, refers to the different schools of thought within psychoanalysis and suggests that we might approach psychoanalysis in a way that transcends any particular school.

With verve and coherence, they discussed their own developing ideas about psychoanalytic theory and practice, influenced by neuroscience, their depth of clinical experience, their observations about what works and why change happens in psychotherapy and analysis.

The 35 people in the room were fully engaged for 5 hours and everyone came away with the excitement of thinking together about a paradigm for understanding analytic ideas and clinical practice.

It made me think about the contributions of scholars and practitioners from the Chicago Institute over the years and the ways many faculty and candidates continue to contribute to the development of psychoanalysis. It is a present moment and a history we can all be proud of. By my count 13 faculty members and students presented at the recent APsaA 2018 meeting in New York City—several of them, twice.

Back in Chicago, Dean Neal Spira and visiting faculty member Ruth Grant recently led a fascinating discussion of Ibsen’s Enemy of the People as a way to think about people’s responses to wrongdoing, and the motivation for righteousness, complacency, collusion, or even courage.

The spring offers new opportunities to engage with the Institute’s scholars. Grant will be a co-presenter at the third lecture of our Psychoanalysis Today series, discussing “Complacency, Complicity, and Moral Courage” with journalist and activist Jamie Kalven. Then, in June we welcome the APsaA annual meeting at the Palmer House Hilton. Whatever through continuing education, a research report, or at the APsaA meeting, I hope you will join us to continue making psychoanalysis a topic of lively research and discussion.

Presenters at the 2018 American Psychoanalytic Association Spring Meeting

- Denia Barrett, Presenter: The Analysis of Masturbatory Fantasies: Theory and Technique
- Lucy Freund, Coordinator: Psychoanalysis with Twins
- Robert Galatzer-Levy and Paul Holinger, Co-Chairs: Outcome in Child Analysis
- Robert Galatzer-Levy, Presenter: The Philosophy, Science and Practice of Negative Capability
- Christine Kieffer, Discussant: Psychoanalytic Explorations of Children’s Literature
- Christine Kieffer, Discussant: Educators and Analysts Working Together: Cutting the Silence
- Jonathan Lear, Co-Chair: The Critics of Psychoanalysis: Hans Loewald as a Bridge from Heidegger to Freud
- Jonathan Lear, Presenter: Presidential Forum-Psychoanalyst in the Public Domain: What is Ethical? What is Effective?
- Eva Lichtenberg and Arnold Tobin, presenters: Arthur Miller’s “A View from the Bridge”: Paternal Fatal Attraction
- Arthur Nielsen, Presenter: Meet the Author
- Peter Rudnytsky, Chair: History of Psychoanalysis: Psychoanalytic Case Histories
- Peter Shabad, Chair and Discussant: Embracing or Foreclosing Change: Deepening our Understanding
- Katherine Williams, Presenter: Two-Day Clinical Workshop: Psychotherapy Process
**New Campbell O., Joni W. and Paul C. Holinger Fund will support Child and Adolescent Treatment**

Board member, faculty member, and former Dean Paul C. Holinger and his family have made a generous gift of $100,000 to support child and adolescent treatment for underserved children.

“It’s an honor to support the Institute’s clinical services for children and families who could not otherwise access psychoanalytic/psychotherapy care,” Paul said. “By making this gift, we are able to continue our legacy of caring for children beyond even our lifetimes.

The Institute’s Center for Child and Adolescent Psychotherapy was created through Holinger’s vision and founded in 2008 with a lead gift from Joan and William Dutton. In addition to psychotherapy consultation and referrals, the Center’s key programs include therapeutic care at public and charter schools in Englewood and other communities on the South Side.

“This is one of the first endowed gifts in the Institute’s history,” President Erika Schmidt said. “We’re delighted with Paul’s commitment to the Center’s mission of providing high-quality mental health services to families who otherwise would not be able to afford them. Gifts like this help create an even stronger sense of longevity and stability for the clinics.”

Paul has published several books and papers on psychoanalysis, human development and psychiatric epidemiology. His wife Joni has long been involved with philanthropic endeavors, especially developing new organizational structures to help the underserved population. Their son, Campbell, is a first responder paramedic in Indianapolis and specializes in acute neonatal/maternal transport as a flight medic for St. Vincent Hospital.

The Holingers hope their interest in helping underserved communities may motivate others to join them by investing in the work of the Institute. If you wish to do so, please contact Carolyn Handler at Chandler@chicagoanalysis.org or 312-897-1422.

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**Seidenberg Papers Received**

Twenty-six papers were submitted for the Seidenberg Prize to be awarded to the two best papers on a psychoanalytic perspective on problems within prisons that affect the mental health of prisoners and of guards. The prize attracted global interest, with submissions coming from Argentina, Denmark, Ecuador, England, Israel, Italy, and Peru as well as around the U.S.

Submissions will be judged by a panel that includes: Prudence Gourguechon, chair, Chicago Institute for Psychoanalysis faculty member and past president of the American Psychoanalytic Association; Chicago Institute Dean Neal Spira, and Marie Rudden of the Berkshire Psychoanalytic Institute.

Two prize winners will be informed in mid-May. The winners will be recognized at the American Psychoanalytic Association annual meeting in Chicago in June.

The prize is named in honor of former dean of the Chicago Institute for Psychoanalysis, the late Henry Seidenberg. It grew out of a pro-bono class action suit to improve treatment for mentally ill inmates in Illinois prisons. The case, Rasho v. Walker, requires Illinois Department of Corrections to provide adequate mental health care to 11,000 mentally ill prisoners.

The class-action suit was filed in 2007 as a result of service cuts in state prisons, according to Prison Legal News. The IDOC settled in May 2016, committing to invest $40 million to build facilities for mentally ill inmates and an additional $40 million for staff to provide services. Board member Harold Hirshman of Dentons Law Firm was one of the lead attorneys in the case. Dentons provided the funds out of the firm’s share of settlement money in the hope ideas from the prize can be used by the IDOC to improve care.

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**Can the Adult Treatment Center Help?**

People come to the Chicago Institute Adult Treatment Center for many reasons, but with a curiosity about the troubles they are experiencing and a willingness to work toward change. For example, many people come if they...

- ... feel stuck in old, self-defeating patterns, or find themselves unable to move forward in relationships or with career goals
- ... find themselves in painful relationships or engaged in behaviors they cannot understand, such as infidelity
- ... struggle with acute or chronic emotional states, such as depression or anxiety

In the Adult Psychotherapy Treatment Center, someone seeking help begins with a consultation to determine the nature of the difficulty and the kind of help that best fits her/his needs. Psychoanalytic psychotherapy and psychoanalysis are both offered with a sliding-fee scale so people with limited financial resources can access mental health services. In both forms of treatment, the therapist or analyst engages in a collaborative effort to understand the individual on a deep emotional level, seeking to help make meaning out of experience.

The therapist or analyst is a compassionate and non-judgmental listener whose goal is to help a person understand the obstacles within themselves that interfere with achieving their life goals. People can expect to gain different and new feelings about themselves as well as a nuanced understanding of their own past that enables them to move forward with love and work.

For more information or to arrange a consultation, contact the center at 312-897-1420 or learn more at chicagoanalysis.org.
COMPLACENCY, COMPLICITY, AND MORAL COURAGE
Wednesday, May 2, 7 to 8:30 p.m.
Fee: $30 ($40, day-of registration)

Joining Kalven in the conversation will be Ruth Grant, Duke University Professor of Political Science and senior fellow at Duke's Kenan Institute for Ethics, who is a visiting faculty member at the Institute this year. An ethicist and philosopher, Grant has written several works of political philosophy including Hypocrisy and Integrity: Machiavelli, Rousseau and the Ethics of Politics, and Strings Attached: Untangling the Ethics of Incentives.

Kalven and Grant will discuss some of the psychological elements that go into the rationale whistleblowers may adopt in choosing to inform others of wrongdoing, and looking at what psychoanalysis offers by working to make conscious our struggles with difficult individual and societal truths. Continuing Education Director Wendy Selene, LCSW, will serve as discussant at the session.

Thanks to Yellowbrick Foundation for sponsorship of Psychoanalysis Today

DISTANCE LEARNING UPDATE

The Institute's distance learning program began in the the 2015-16 academic year with graduates from the China American Psychoanalytic Alliance. Known as CAPA, the program was developed by New York psychoanalyst Elise Snyder. It offers mental health professionals in China four-year intensive psychotherapy training over Skype.

CAPA had been operating successfully for several years, and many graduates were eager to extend their training and become fully-qualified psychoanalysts. Snyder approached the Chicago Institute officials and a partnership was born. Since then students have enrolled from elsewhere around the world as well as across the U.S.

Integrated program

Institute leadership decided early on that distance-learning students would integrate into existing classes rather than receive a separate program. All classrooms at the Institute are equipped with technology to allow students elsewhere to participate fully in discussions, using a simple setup of their own.

Distance education has been an area of growth for the Institute. This reflects strong interest from China—8 students from there are currently enrolled in certificate programs—as well as from Iran, New Zealand and Taiwan. Students currently enrolled reside in 6 states other than Illinois, as well.

The program offers a unique opportunity for cross-cultural learning, allowing students to experience the differences and similarities in the psychological development of children and adults across the globe.

Register at chicagoanalysis.org or contact Damita Wilson, 312-897-1411 with questions.
Benefit speaker Pamela Bannos helps us see Maier as photographer saw herself

When Vivian Maier’s cache of negatives, photographs and movies was serendipitously discovered at an auction of abandoned storage lockers, a myth quickly surrounded her. A nanny who snapped photos while she cared for her charges, a recluse who never ever publicly showed her work, an odd, secretive woman with a picture-taking hobby; this was the mythography that obscured the artistic talent as well as the humanity and human sympathy so evident in the photographs.

Pamela Bannos brought her own photographer’s eye to a retelling of Maier’s story in her recently published biography, *Vivian Maier: A Photographer’s Life and Afterlife*. By researching her life, examining her photographs and traveling to the sites that Maier photographed, Bannos can tell a different story than the now-familiar myth. She discovers a woman who considered herself a serious photographer, not a nanny with a camera. While she may have been secretive, Maier presents herself often in her photos, mostly looking straight ahead with her camera around her neck. Maier’s portraits of herself are of the photographer, and Bannos’ biography helps us see her differently.

Though Bannos is careful to say that she does not “psychologize” Maier, she does something deeply psychoanalytic. Just as psychoanalysts help people retell their own stories, uncovering the subjective self that can be buried in personal myths, Bannos, using the evidence of the photographs, allows us to see Maier through her own eyes rather than through the myths that have surrounded her since her remarkable work was found.