

## Eva Lichtenberg Honored with 2009 Human Spirit Award

*From remarks by Dr. David Terman at the  
Institute's 2009 Spring Benefit*

**E**VA Lichtenberg is not only a survivor, she is a thriver. From her and her family's escape from the clutches of Nazi Europe, through her young widowhood, to her taking on the chairmanship of our Board of Trustees, Eva has more than risen to the occasion. She has grown and achieved in the face of circumstances in which others might respond with despair and disintegration. The story of her family's escape from their native Czechoslovakia that began when Eva was but five is a harrowing tale that compares with any movie of World War II and the Holocaust -- except that hers was real.

After leaving their native town at the time the Sudetenland was overrun by Hitler, Eva and her family lived in Prague; they tried to escape several times by attempting to cross the border into Hungary only to be turned back. They finally succeeded in the dead of winter, February 1940, with Eva in her parents' arms as they trod for miles across the mountains. After staying in Budapest for three months, they again crossed the Hungarian border, this time into Yugoslavia where they bounced from place to place still awaiting their visas. At every turn, Eva faced direct threats of death, separations that seemed to be permanent, and uncertainty, fear and even terror. After waiting

nine months in Yugoslavia, the family finally received their U.S. entry visas in 1941. They then had to make their way from Yugoslavia to Japan via the trans-Siberian railway. On the two week crossing to San Francisco, Eva began to learn English.

The family immediately made their way to Chicago because that was where a distant school friend of Eva's father lived -- the man who was willing to vouch that the family would not be a burden to our country. Her parents began the arduous task of making a life for themselves with little English and virtually alone. Left to her own devices as her parents scrambled to support their small family, Eva

read her way through the books in the public library and excelled in her grade school studies. She was rewarded for her intellectual interests by her peers regarding her a "nerd," but her curiosity and drive led her to apply to the University of Chicago High School. She was one of two students accepted out of a dozen who applied from her grammar school. Welcomed by the other nerdy kids at U-High, she prospered. She went on to the College and then earned a PhD in clinical psychology, supporting herself with teaching fellowships. Since graduation, Eva has worked in a variety of settings and capacities. She worked at Irene Josselyn Clinic, IJR, and for many years was the chief psychologist at Mt. Sinai, until the birth of her son, Allan. Even then she maintained a part-time practice that she has *(continued on page three)*



## Summer 2009

### Upcoming Events:

- IPA Open House at the Institute, July 30 @ 6:00pm
- Cinema on the Couch: "Rachel Getting Married" at the Winnetka Community House, Sept. 13 @ 2:00pm
- Cinema on the Couch: "Before the Devil Knows You're Dead" at the Winnetka Community House Oct. 12 @ 2:00pm
- Cinema on the Couch: "The Sweet Hereafter" at the Winnetka Community House Nov. 1 @ 2:00pm

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## Director's Message:

WE have completed our academic year with our **graduation** celebration on June 19. We honored five graduates of the Psychoanalytic Education Program, eight graduates of the Psychotherapy Program and four from the CAPPT program. They become part of the cadre of extraordinarily skilled dynamic therapists and analysts who provide the highest quality treatment, teaching and research in our community.

We are looking forward to hosting the 46th **International Congress of Psychoanalysis** this month – July 28 to August 1. Thirteen members of our faculty and student body will be participating in the Program of the Congress. **Kate Schechter**, who just graduated, worked on the program committee of the Congress as a candidate representative, and it promises to be quite an extraordinary meeting. The Local Arrangements Committee under the chairmanship of **Jorge Schneider** has planned an open house at the Institute on Thursday evening, July 30. Several groups of analysts will then be escorted by faculty and Society members to dinners at restaurants

around the city. The LAC has also helped the Congress Planning Committee plan visitors' explorations of the city.

In time for the Congress visit to the Institute, we have used the **decorating** allowance in our lease to refurbish the reception area, faculty lounge and library. We have also been able to re-carpet most of the 13th floor hall. We hope you will stop by to see our freshened rooms.

In Memoriam: **Dr. Marjorie Barnett**, who graduated from the Institute in 1967, died on April 2.

**Miriam Elson**, a much beloved colleague of many of us, who brought Heinz Kohut's work to the field of social work, died at her home on May 6. A memorial service was held at KAM Temple on June 28. Miriam was almost 100 and was the wife of Alex Elson, a former chairman of our Board, whose death we marked nine months ago. We extend our condolences to her daughter, Karen O'Neill, and the entire Elson family.

*David M. Terman, M.D.*

## 46th International Psychoanalytic Congress

Listen to challenges and controversies in Psychoanalysis today.

**Psychoanalytic Practice: Convergences and Divergences**

Featured lectures by  
Ron Britton (UK)  
Antonino Ferro (Italy)  
Juan Pablo Jiménez (Chile)  
Leopold Noveck (Brazil)  
Robert Paul (USA)  
Warren Poland (USA)

Individual Papers  
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International Psychoanalytical Association  
Association Psychoanalytique Internationale  
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Chicago, USA  
For details:  
[www.ipa.org.uk](http://www.ipa.org.uk)

46th IPA Congress  
29 July - 1 August 2009

## Chicago Participants:

Robert Fajardo  
Arnold Goldberg  
Adele Kaufman  
Jonathan Lear  
Fred Levin  
Bonnie Litowitz  
Barbara Rocah  
Kate Schechter  
Erika Schmidt  
Jorge Schneider  
Jeffrey Seiden  
David Terman  
Jerome Winer

## Recognition of Ben Garber's Service to Barr-Harris

Ben Garber, who had been the head of the Barr-Harris Children's Grief Center for over 16 years, retired this past fall. He has been succeeded by Judy Feigon-Schiffman. We would like to take this opportunity to thank Ben for his outstanding service and achievement.

Barr-Harris's work is original: it came out of psychoanalytic research on parent loss here at the Chicago Institute. From their work analyzing the effects of parent loss in adult patients, the Chicago analysts, under the guidance of Joan Fleming, reasoned that intervening at the time of the loss would prevent the later distortions of personality and the chronic suffering that such people endured. Then, over thirty years ago, the generosity of the late Irving Harris and George Barr made the idea of intervention at the time of loss in childhood a reality -- and the Barr-Harris Center was created. It has since been a model of intelligent, psychoanalytically-oriented

intervention and prevention, and Ben has worked in the Center for twenty-eight years -- almost as long as it has been in existence. Several years after he became director of the Center in 1991, Ben realized that most of the children the clinic served came from economically depressed backgrounds, and the trip downtown was an often-insuperable barrier to their coming for treatment. He therefore expanded the location of the clinic from its physical base at the Institute to five different locales in the Chicago metropolitan area. It now has offices throughout Cook County: Riverdale, Jackson Park, Evergreen Park and Andersonville. With Ben's careful selection and nurture of its therapists, Barr-Harris has provided crucial, sophisticated psychological treatment to *literally* thousands of traumatized and bereaved children and their families. And while the Center has been doing all that, Ben has developed a website that helps patients find the services they

need and readings that might be helpful to these children and their families. He has also developed a bibliography that helps inform therapists who deal with such loss. So the reach and influence of Barr-Harris extends far beyond the city. In addition, Ben has made the Center a much sought-after internship placement for social work students. This attests to the quality of the service Barr-Harris provides. More importantly, the internships are a way for the Center's precious accumulated knowledge to be transmitted to future generations of therapists.

We are very proud of this service that is unique among psychoanalytic institutes in the country, and we are grateful to Ben for his wise and dedicated leadership for these many years.



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## Lichtenberg Honored, cont'd

continued to this day.

Following the premature death of Leo Lichtenberg in 1986 after 23 years of marriage, Eva began another phase of her life. In addition to her professional career, she began to work as a volunteer. She joined and contributed to many of the cultural organizations in the city, attained leadership roles, and contributed generously. No group has benefitted more from her energy and commitment than have we, the Institute for Psychoanalysis. Eva joined our Board in 1999, and a year later was made chair, so for the past nine years she has devoted herself to us. In addition to her energy, intelligence, and generosity, Eva has also brought her knowledge of our field, and that has made her specially attuned to our problems and possibilities. In

discussing issues facing the Institute with Eva, I always have had the feeling of dealing with a full partner. She has supported the changes the Institute is making in opening itself to more diverse students and in removing unnecessary obstacles to access our training. She has always been available to discuss any administrative issue that might arise and offer her own view of the situation. She has served on many Institute committees including budget and conference planning. She and her husband, our colleague Dr. Arnold Tobin, have generously sponsored many of our conferences, and she has usually served as chair of one of the sessions at which she has been an adroit and knowledgeable moderator. In short, she has contributed at every level of Institute function and has done everything in her

power to strengthen our organization.

And so, at every turn, from the fury of the Nazis and the frightening and lonely displacement from her native and family roots, to the challenges of contemporary culture and the place of psychoanalysis in it, Eva has responded with hard work, intelligence and creativity. And along the way she raised her own son who created his own family and has given Eva four prospering grandchildren. She was able to create yet a second family with Arnold and engage with him in a life of intellectual and cultural pursuit. She has been able to grow within herself, and in the process she has also made the world a better place. What greater testimony to the spirit of our Human Spirit Award than Eva's remarkable life and work!

# Announcements

## Part-Time & At-Large Admissions in the Psychoanalytic Education Program

The Institute has initiated new options for students wishing to pursue psychoanalytic study, but who cannot yet commit to the full-time educational program. **Part-time students** apply in the same way as full-time students and have the same requirements, but they may complete a year's study in as many years as they choose before continuing with the next year's courses. **At-large** admissions, on the other hand, are designed for mental health professionals who want to become more acquainted with the analytic curriculum before applying as either part- or full-time candidates. More information about these programs, as well as instructions for enrollment, may be found by visiting our website at [www.chicagoanalysis.org](http://www.chicagoanalysis.org)

## New Appointment

On July 1, 2009, **Martin Laub, Ph.D.** was appointed **Executive Director** of the Institute for Psychoanalysis. Marty has worked in the non-profit world for 18 years, primarily in the fields of Higher Education and Health Care. For the last 7 years, he has served as the Institute's Director of Development and Public Affairs. In his new position, Marty will oversee the Institute's finances, manage administrative staff, and direct day-to-day activities.

### Erratum:

The previous newsletter incorrectly listed Herbert Gross, rather than Barry Koch, as a contributing author to *Guide to Developmental Psychoanalytic Theories*. We regret the error and congratulate Barry for his fine work.