

Institute Welcomes International Fellowship Student

FOR the past several months, the Institute has hosted Dr. Hao Chung Hsu, a psychiatrist from Taiwan, as he pursues further training in psychoanalysis and self psychology. Dr. Hsu recently took time to answer some questions about his background, his reasons for pursuing study at the Chicago Institute, and his future plans.



*Dr. Hao Chung Hsu
is a visiting student from Taiwan*

What is your background and how did you become interested in psychoanalysis?

I am originally from Taipei, Taiwan, where I have lived all of my life. I graduated from National Taiwan University with a medical degree and completed my four-year residency training at the Taipei City Psychiatric Center.

I became interested in psychoanalysis through interactions with my colleagues and other residents at the psychiatric center who were also interested. Each of us was engaged in group and individual psychotherapy and we met weekly to discuss our clinical experiences with patients.

Why did you choose to study in Chicago?

One of the clinical groups I participated in studied Heinz Kohut's writings on self psychology. We eventually decided that we would attempt to translate and publish all of Kohut's major works. I really feel a resonance with Kohut's writings and felt that Chicago would be the best place to study him.

A friend had told me that analysts are typically warm-hearted and welcoming, and suggested that I write to Dr. David Terman about coming to Chicago to study. I was encouraged by his timely response and was able to make the necessary visa and travel arrangements with the help of Dr. Bob Gordon.

What has your time in Chicago been like thus far?

Initially, it was difficult to adapt both emotionally and physically since I am so far away from home. However, with the help of a Taiwanese friend who lives here, I have gradually become more integrated into the community and my classes. I am currently taking courses offered by the Psychoanalytic Education Program and the Adult Psychotherapy Program. I am also undergoing a personal analysis and meeting weekly with Dr. Gordon for supervision. *(Smiling)* I have resumed the life of a student!

How long will you remain with us, and will you stay connected with Chicago after your time here is up?

I will be here for another three months before returning to Taiwan. I will continue my personal analysis there and possibly continue with psychoanalytic training through Skype or some other online connection.

Chicago has been quite a different experience for me -- there is no snow in Taiwan -- but I have enjoyed my time here very much.

Winter 2010

Upcoming Events:

- Cinema on the Couch: "I've Loved You So Long" at the Winnetka Community House
March 14 @ 2:00pm
- Marian Tolpin Memorial Lecture -- Shelley Doctors, PhD Robert Morris Univ.
March 20 @ 9:00am
- Panel on Siblings with Christine Sterkel, MD, Christine Kieffer, PhD, & James Herzog, MD Robert Morris Univ.
May 1 @ 9:00am

Director's Message

Historic Developments at the American Psychoanalytic Association.

I am pleased to report that an important and historic change in APsaA took place at the annual meeting in New York in January. This change is the culmination of at least a decade of conflict within the Association and between the Chicago Institute and the national organization this past July. The issue concerns the ability of applicants for psychoanalytic training to retain the analyst they are seeing when they apply for matriculation. In the past, such applicants had to switch to a Training Analyst if they were not with someone who had been so designated. We, in Chicago, have realized for many years that this policy prevented many excellent students from pursuing analytic training with us. They would decide either not to pursue training or to go elsewhere where they would not be required to give up the analyst they were seeing. Three years ago we decided to admit these applicants if we judged that they were qualified and have been very pleased with their participation and progress. However they were admitted with the proviso that at some time in their training they would have to switch to a Training Analyst. We did this to comply with what we thought were the stipulations of the rules of the APsaA. However when the Committee on Institutes learned of our project early last year, they eventually determined that we had misread the rules, and that we were not in compliance. We differed.

Partially in response to this effort in Chicago and a similar one in Philadelphia, the Board of Professional Standards appointed two task forces to revamp the rules and regulations. One, the Major Revisions group, was to develop new sets of regulations that dealt with this issue and broader issues of certification and Training Analyst appointment. Three of us from Chicago were part of this 10-member group – Robert Gordon, Robert Galatzer-Levy, and me. The group crafted a set of rules which a) made provision for applicants to remain with non-Training Analysts with a waiver from the national organization, and b) set out alternative pathways to both certification and Training Analyst status that incorporate the educational colloquia that Chicago has created over the past decade. The proposal adds a third stage to our colloquia that would be completed 5 years after graduation. The successful completion of this process would result in both certification and designation as Training Analyst.

These recommendations were adopted by both task forces and then by the Board of Professional Standards as the architecture of the new rules for education and appointments. Both the revisions and their adoption by the national organization promise to end the years of bitter controversy, unite the American, and create flexibility and innovation at each institute.

David M. Terman, M.D.

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Institute Renovations

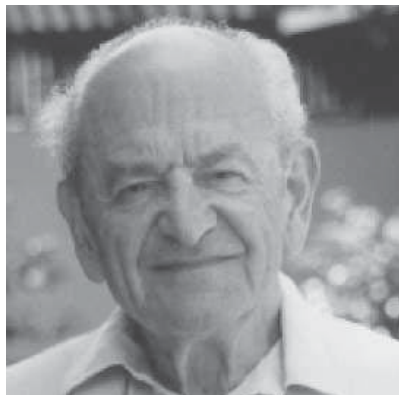


The photos above illustrate some of the completed remodeling of the Institute's lobby area. At the open house event hosted during the International Psychoanalytic Congress, many visitors from around the world commented on the smart appearance and collegial organization of the Institute.

In Memoriam: Dr. Jerome Beigler

JEROME Beigler died peacefully in his home on November 11, 2009. He was 92. He had been an esteemed member of our faculty for the past 37 years and was a 55 year alumnus of the Institute. He had a long and distinguished career in both psychoanalysis and psychiatry.

After obtaining his medical degree at the University of Michigan, he served as a medical officer for the Army's 11th Armored Division as it marched across Europe in World War II. During that time he treated many soldiers for "shell shock," and after the war he trained in psychiatry at the University of Illinois. After completing his residency, he joined the staff of P and PI at Michael Reese Hospital where he taught and was chief of liaison psychiatry.



In the 60's every psychiatric resident at Michael Reese during their rotation on consultation/liaison psychiatry would work with Jerry and his team and have dinner one night a month with them at a restaurant in downtown Chicago.

Jerry had a long and distinguished connection to psychiatry. When Dr. Roy Grinker Sr. was unable to serve as President of the Illinois Psychiatric Society, Jerry served out the term. Eventually he served two terms as President of the Illinois Psychiatric Society.

After serving as President of the Illinois Psychiatric Society, he represented the IPS in the American Psychiatric Association Assembly. He rose to become the Area 4 Representative to this body, representing the Midwestern states.

In his work at the APA and the IPS, Jerry had many areas of interest but one overwhelming concern – protecting the patient and therapist confidentiality. Today part of the APA's focus on confidentiality and protecting our patients is based on his efforts. In appreciation of his work and to honor his contributions, he was awarded the Presidential Award for Contributions to Psychiatry in 2001 by the APA President.

Jerry was also actively involved at the Institute for many years. He was an enthusiastic proponent of self psychology and gave workshops at the meetings of the American Psychoanalytic Association on clinical work using self psychology. He also taught clinical self psychology and supervised many students in the Psychotherapy Program at the Institute. He was a greatly valued teacher and colleague, and we will miss his benign presence greatly.



Institute Graduate Assists with Haitian Relief

BASIL Jackson, a 2008 graduate of the Institute, was recently featured on NBC Nightly News for his efforts to provide humanitarian relief for the survivors of the Haitian earthquake. The following is a partial transcript of the broadcast which aired on Monday, January 25th:

Reporter: At the tented medical trauma center on Port of Prince's airfield, the youngest patient with the oldest doctor. Six-day-old Michael was born during an aftershock and dropped on his head. Now he is recovering with the help of Dr. Basil Jackson, his grateful mother watching nearby. A 78-year-old volunteer from Milwaukee, Jackson put his life on hold and got on a plane to Haiti to treat the country's most vulnerable earthquake victims. In this tent, he is grandfather to many, offering a small bit of comfort, along with bandages and bed-checks.

Jackson: I'm an old man with a deep

faith, but faith doesn't count unless you do something about it in your behavior and in your actions.

Reporter: That means treating body and mind. Dr. Jackson does more than treat physical injuries. He is also one of the few here attending to children's unseen psychological trauma.

Jackson (to a teenage boy): Did you eat today?

Reporter: This 16-year-old boy is physically fine, but so traumatized he can barely eat and won't, or can't, speak to anyone.

Jackson: It appears that everybody in

his family died—as far as we know.

Reporter: Also a pediatric psychologist, Dr. Jackson knows exactly what to prescribe.

Jackson: The most therapeutic thing

that can be done for him now is staying with him, so he has somebody with him all the time.

Reporter: He knows this territory well, having volunteered at disasters all over the world, this one moving him more than most.

Jackson: It's just amazing. It's life-changing, even for an old guy who doesn't much like death.



Dr. Basil Jackson attends to a survivor of the Haitian earthquake

Announcements

Welcome to New Students

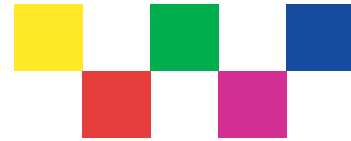
The Institute would like to recognize the newest members of our educational programs, which include members of the new student-at-large curriculum track:

Adult Psychotherapy Program: Thomas Allen, Linda Emanuel, Andrew Farra, Blake Hamilton, Heather Huang, Betsy Nettleton, Jamie Pasquale, Marian Schultz

Child & Adolescent Psychoanalytic Psychotherapy Training Program: Harriet Berlin, Teresa Fitzgerald, Camila Bassi Peschanski, Renee Raap, Jean Rounds

Psychoanalytic Education Program: Andrew Bennett, Dale Gody, Robert McCarthy, Gavin Mullen, Neha Patel, Anne Redlich, Peter Shaft

At-Large Students: Katharine Gould, Danny Levin, Ellen Markus, Maja Naef, Myrna Orenstein, Deborah Reed, Mark Virshbo, Cynthia Weinstein, Burgess Wilson



Save the Date!

The Institute's annual **Spring Benefit** will be held Saturday, May 15th, at the Renaissance Chicago Hotel.

