



CHICAGO ANALYSIS

Newsletter of the Institute for Psychoanalysis

Winter 2009

Upcoming Events:

- Clinical Workshop for Psychiatry Residents, Conference Room, Feb. 21 @ 9:00am
- Cinema on the Couch: "The Name-sake" at the Winnetka Community House, March 1 @ 2:00pm
- "Doing Child and Adolescent Psychotherapy", Robert Morris College, March 7 @ 8:30am
- Saturday Morning Panel: "In Treatment: Under Examination", Robert Morris College, Apr. 18 @ 9:00am
- Spring Benefit Dinner & Silent Auction, Renaissance Chicago Hotel, May 16 @ 6:30pm

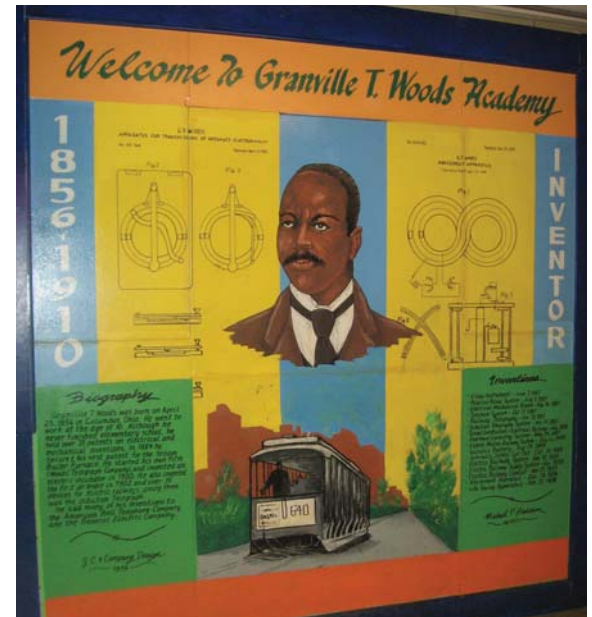
Institute Broadens Mission: Initiates Englewood School Project

The Englewood neighborhood on Chicago's southwest side is a community in crisis. This predominantly African-American area has been in decline since the mid-1970s. Today many of its buildings are in decay and over 40% of its residents live below the poverty line. Crime is rampant. Numerous community programs now operate in Englewood, funded by a mix of public and private sources; one of the latter is the Charles Marks Charitable Trust.

In recognition of the Institute's expertise in treating trauma and loss, the Marks Trust made a grant of \$60,000 to the Institute in early 2007 to provide individual and group therapy for children at a primary school in Englewood. The targeted service population is children who have been affected by violence and loss. Exposure to violence, as victim or witness, has a traumatizing impact on children that may be expressed in behavioral symptoms and emotional difficulties. The goal of this grant is to help ameliorate the psychological impact of such experiences.

In the fall of 2007 a middle school was chosen for the project. Before therapy began, however, the Chicago Public Schools decided to close that school, leading to a different type of loss for the children—that of a stable, protective, familiar environment. Thus, the short-term goal was shifted to providing brief crisis intervention for its students, to help to alleviate the distress of this new loss, as well as past losses and traumas evoked by the school closing.

From April through June 2008 Institute therapists provided group therapy for a total of 34 children. In these groups students



explored many issues related to violence and loss, in the context of their feelings about the school, their friends, teachers, administrators, and the community at large. Group leaders developed a reminiscence project in which each student received a disposable camera to photograph meaningful people and places at the school. Students then created personal photo albums which represented positive connections to the school and helped them contain their anxieties and concerns about leaving it.

Project activity resumed in the fall of 2008 at the Woods Elementary Math and Science Academy (pre-K through 8), under the leadership of Erika Schmidt, the Institute's Director of Child Clinical Services, and Project Director Aileen Schloerb. The project team began with relationship-building within the school and the Englewood community, consulting with the principal, social *(next page)*

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Director's Message: The New Year

WE begin this new year with two first-year classes that have been in place since the fall. Five candidates from a variety of professional backgrounds matriculated in September to begin the psychoanalytic training program. One of them is a CORST candidate who completed her preparation at Rush and has now been able to pursue her analytic training in this class. The psychotherapy training program welcomed ten students to its first year class. These students also come from all of the professional disciplines: psychiatry, psychology, social work, and counseling. Faculty and students in both programs are enthusiastic and energetic in pursuing their studies.

We have initiated new options for psychoanalytic study: part-time and at-large. Part-time students apply in the same way a full-time student does and have the same requirements (see our website). But they may complete a year's study in as many years as they choose before they go on to the next year's courses. At-large students, on the other hand, are mental health

professionals who want to become more acquainted with the analytic curriculum before applying either as part- or full-time candidates. They may take non-clinical or elective courses. We have admitted two at-large students, and we hope this program will be helpful to them and to us.

We have appointed three new members to our faculty: **Eleanor Feinberg**, **Candace Fleischmann**, and **Anne Schlachter**. Each has just completed her psychoanalytic training, and we are pleased to welcome them to the faculty.

On a sadder note, in addition to the losses memorialized on the following page, I record with regret the deaths of three of the Institute's dear friends and colleagues: **Aaron Hilkevitch**, **Marshall Holleb**, and **Jean Meltzer**. Aaron Hilkevitch was a politically radical member of the analytic community who was very concerned with social issues. Marshall Holleb served on our board for many years and was a loyal supporter of the Institute. Jean Meltzer, the aunt of John Levi who is a member of our

board, was also a strong supporter of the Institute and psychoanalysis. We extend our condolences to their friends and families.

Finally, I am pleased to report that we have been officially accredited by **ACPE**, the Accreditation Council for Psychoanalytic Education. This is a body that has been established by APsaA and the psychoanalytic arms of the American Psychological Association and the National Association of Social Workers. It has developed standards for psychoanalytic training that all of these professional groups endorse. Chicago is the first APsaA-accredited Institute to also be accredited by ACPE. This is, of course, a source of pride for us in Chicago, but it also helps ACPE gain credence as an official standard-setting body for psychoanalysis. This offers the prospect of having an independent body with legal and official status that can define the criteria to determine who is a psychoanalyst for the community.

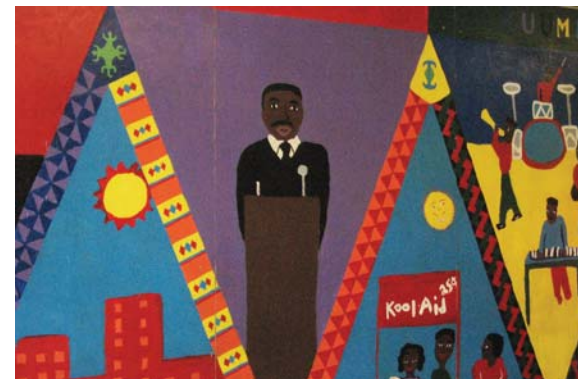
David M. Terman, M.D.

Englewood, cont'd

worker, administrators and teachers about the needs of the students.

By early February six therapy groups, serving 32 students, were established. The students identified a variety of issues they wish to address, including relationships and social skills, community violence, grief and loss, anger, and the fears and pride they experience living in their neighborhood. The groups will continue meeting weekly until the end of this academic year.

(A detailed report of the first phase of the Englewood Project, September 2007 – June 2008, is available on the Institute home page, www.chicagoanalysis.org, under News and Announcements.)



A mural designed by students at Granville T. Woods Academy

The Institute is grateful to The Efroymson Family Fund, a CICF Fund, for its loyal and generous support of the Barr-Harris Center during these difficult times.



In Memoriam: Henry Evans & Rabbi Arnold Wolf

HENRY McCrea Evans died suddenly on the evening of October 16, 2008. He was 66 years old. Known to everyone at the Institute as Hank, he personified for many an ideal clinician and teacher who cared deeply for his patients, students, and the analytic community. In a world often filled with controversy, Hank was a voice of moderation and reason. He had no enemies and was universally liked and respected. He treated everyone with sincerity and care.



He was a dedicated family man, husband to Cokey, father to Dan and Chris, grandfather to McKay, father-in-law to Lorraine and Thea. He was also intensely proud of his Scottish heritage

and one had the sense that bagpipes were always playing in the background.

He wore many hats, aside from the Scottish cap that he sported in winter as he sauntered jauntily down the halls of the Institute. These included training and supervising analyst, teacher of multiple courses (always with great reviews), president of the Chicago Analytic Society, member of the Institute Board, assistant professor in the Department of Psychiatry at the University of Chicago. He was a member of a CAPs group and multiple committees at both the local and national level. He was the major force in starting the Fellowship program at the Institute and a member of the editorial board of the Journal of the American Psychoanalytic Association. While not a prolific author himself, he took great care with each article that he reviewed,

adhering to rigorous scientific standards, but trying to be supportive and nurturing to each author. He was also a frequent discussant of papers at analytic meetings.

Hank was born in Rochester, New York, and went to the University of Rochester, where he met Cokey. He then went to Tufts University Medical School, did an internship at Mount Auburn Hospital, and a residency in psychiatry at the University of Chicago in a cohort that included several future analysts.

His interests outside of analysis were numerous. He had a wonderful and keen aesthetic sense that stretched from woodworking to wines, to popular and classical music. He took particular enjoyment in the aesthetic of great sunsets. He also sang and was in a singing group called "The Jolly Boys Club".

One cannot overestimate the respect members of the analytic community had for Hank. He gave of himself in a generous and bountiful way. His death leaves a hole in our analytic community but at the same time provides a model for both analysts and students.

Contributed by Robert Gordon, MD

ON December 23, Arnold Jacob Wolf, Rabbi Emeritus of Temple K. A. M. Isaiah Israel, died, apparently of a heart attack, at the age of eighty-four. Arnold, however, was only one year into his adulthood, since (raised at a time when Reform Jews did not approve of the bar mitzvah) he had just celebrated his own coming-of-age, his bar mitzvah, at the age of eighty-three. "Life begins at seventy," he used to say, and indeed he seemed to become more joyful, more free of stress and inner tension, as the years went by.

It's difficult to capture Arnold in words, because the reality was so much larger, so much funnier, so much more improbable, than any fiction could be. If you saw Arnold for the first time, you might think you were looking at one of those trolls of middle-European fairy tales: a short, round, white-bearded Rumpelstiltskin whose gruff, almost snarling voice seemed suited to a character of that cantankerous sort. But whereas Rumpelstiltskin, consumed by dislike and envy, had, I imagine, dull guarded eyes, Arnold's sparkled, and you could see in them such variegated colors of

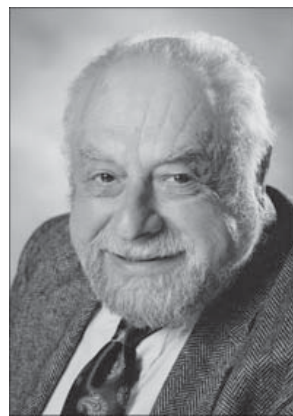
love, for all people, young and old, whom he reprovved, chastised, and even mocked. Rabbi Eugene Borowitz, his contemporary, said at the funeral that Arnold was first and foremost a lover -- and then added, "To love Jews is no small accomplishment." You saw that accomplishment in the eyes first, because it consisted above all in a willingness to see the other person as the person was, and, at the same time, in a willingness to be seen, faults and all. There was no critique of Arnold that he did not make first and most trenchantly himself.

Arnold thought a rabbi ought to "comfort the afflicted and afflict the comfortable" -- as another rabbi and close friend put it at the funeral. A lot of his "afflicting" was political. Reform Judaism has always stood for the idea that the moral law is the core of Judaism and

that its imperative to pursue social justice is Judaism's central commandment. For Arnold, these ideas were intimate parts of his daily thought, and imperatives to a life of social action. He marched with Dr. King. A decorated veteran of the Korean War, he crusaded against the Vietnam War. He supported the career of Mayor Harold Washington. At the end of his life, he campaigned for Barack Obama, whose victory brought him a new sense of optimism.

Arnold was opinionated, and he had definite views about the concrete political choices that his general view entailed. Above all, though, he wanted others to search out the conclusions for themselves, to give up the comfort of tradition and ask how things really are, to dissent, to object. To argue with life on behalf of life.

Excerpted from the eulogy prepared by board member Martha Nussbaum. The complete text may be found on our website: www.chicagoanalysis.org.



Bulletin Board

Judaism and Psychoanalysis: A Continuing Dialogue



Thanks to those who made the Judaism conference @ Spertus Institue such a success!

CAPPT faculty members Joe Palombo and Harry Bendicson along with Herbert Gross have written a valuable text for both students and scholars of psychoanalytic theory. Entitled *Guide to Psychoanalytic Developmental Theories*, their book succinctly summarizes the psychoanalytic theories of development from most of the important thinkers in the field beginning with Freud and including Melanie Klein, Anna Freud, Erik Erikson, Heinz Kohut and others. One of the useful features of the book, in addition to its being a convenient collection of theories, is its inclusion of brief biographies of each of the theorists and their position in analytic history. The book is in pre-published form in the library and will be available for purchase this spring. We congratulate the authors.

**46th IPA Congress
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